

 Sample Baby Room	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast	Porridge or Weetabix Served with Fruit Puree	Porridge or Weetabix Served with Fruit Puree	Porridge or Weetabix Served with Fruit Puree	Porridge or Weetabix Served with Fruit Puree	Porridge or Weetabix Served with Fruit Puree
Morning Snack	Organic Rice Cake Served with Sliced Banana	Organic Rice Cake Served with Sliced Banana	Organic Rice Cake Served with Sliced Banana	Organic Rice Cake Served with Sliced Banana	Organic Rice Cake Served with Sliced Banana
Lunch Younger Babies Older Babies – Mashed or Blended	Warming Dahl & Rice Perfect Parsnip, Carrot and Dahl served with Basmati Rice & Nan	Broccoli, Leek and Cheesy Potato Mash Creamy Chicken & Leek Pie, Mash Potatoes & Sweetcorn	Cheesy Ratatouille Really Cheesy Ratatouille & Pasta Quills	Sweet Potato, Pea & Rice Coconut Fish, Potato & Pea Curry & Rice	Cheesy Tomato Vegetable Sauce & Baby Pasta Lovely Lasagne served with Garlic Bread
Natural Bio Yoghurt & Fruit	Greek Yoghurt with Raspberry Puree	Greek Yoghurt with Strawberry Puree	Greek Yoghurt with Peach Puree	Greek Yoghurt with Pear Puree	Greek Yoghurt with Mixed Berry Puree
Tea Younger Babies Older Babies	Creamy Spinach & Tomato & Baby Pasta Sausagemeat, Spinach, Tomato Pasta Bake	Carrot Soup Carrot Soup & Wholemeal Fingers	Mixed Vegetables & Rice One Pot Chicken Vegetable Rice	Scrambled Eggs & Cherry Tomatoes Quiche Lorraine & Baked Beans	Mediterranean Vegetables & Couscous Mediterranean Vegetables & Couscous
Dessert	Banana	Soft Pear Fingers	Mashed Avocado	Apricot Slices	Soft Peach Fingers